

Dr Alexander Rowell
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Education

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| 2011-2016 | Doctorate of Clinical Psychology
Alliant International University (CSPP), San Diego, CA
APA accredited program
CSPP Dean's Award of Excellence |
| 2013 | Master of Arts in Clinical Psychology
Alliant International University (CSPP), San Diego, CA
APA accredited program
CSPP Dean's Award of Excellence |
| 2011 | Bachelor of Arts in Psychology with a Minor in Counseling and Social Change
San Diego State University, San Diego, CA
Graduated with Honors |

Clinical Experience

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| 6/2018- Current | Licensed Psychologist (# 2863) at Dr. Alex Rowell LLC
NPI: 1699266940 <ul style="list-style-type: none">• Setting: Private Practice/ Outpatient Mental Health.• Provide individual and couples treatment to Corvallis community and Benton County.• Utilized evidence-based treatments such as CBT, ACT, Self-compassion, Psychodynamic treatment, and Humanistic interventions.• Write, blog, and tweet about topics related to mental |
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health, well-being, self-compassion, psychodynamic treatment, and men's health.

- Conducted clinical intakes. This includes drop-in, triage, crisis interventions and comprehensive clinical intakes.

11/2023-8/2024

HCPC Registered Psychologist in the National Health Service (NHS) (# PYL 042598)

16 hours a week

- **Setting:** Acute Community Adult Mental Health
- Community-Based Treatment that offers psychological therapies with the aim to improve physical and mental health, personalized and trauma informed care, support for self-harm prevention, group programs and coexisting substance use interventions.
- Utilizing evidence-based treatments such as CBT, ACT, CFT, Psychodynamic, and Humanistic interventions.
- Conducting clinical intakes, on-going treatment, crisis interventions and utilization of both short-term and long-term treatment models.

8/2016-8/2022

Licensed Psychologist (# 2863) and Wellness Coordinator Oregon State University- CAPS and CCVM

40-45 hours a week

- **Setting:** College Counseling Center (CAPS) and Carlson College of Veterinary Medicine (CCVM) providing services to an overall study body of 31,000 students.
- Within a college counseling setting, providing individual short-term, long-term, and group therapy to student body.
- Utilized evidence-based treatments such as CBT, ACT, short-term psychodynamic treatment, and Solution Focused Brief Therapy.
- Founded first men's interpersonal process group at CAPS. Focused on gender socialization/norms, risky behaviors, substance use, porn use, and dating.
- Conducted clinical intakes. This includes drop-in, triage, crisis interventions and comprehensive clinical intakes.

- Using pre-screening tools and measurements to assess client's symptoms, current pathology, and risk, i.e CCAPS-62/34 and CAMS.
- Provide individual wellness coaching session to students, staff, and faculty.
- Instructor for class focused on veterinary mental health and wellness. Topics focused on self-compassion, positive mental health, leadership, and diversity and inclusion.
- Provided internal needs assessment and comprehensive report to the Dean of CCVM. Data collected assessed both strengths, weakness and services that could potential best benefit the college.
- Established counseling and wellness program within the CCVM.
- Conducting outreach presentations and teaching on the following topics: compassion fatigue, burn out, and stress management and diversity and inclusion.
- Supervise 1-3rd year doctoral students for practicum. Review clinical notes and tapes.
- Review APA applicants for internship and post-doctoral residency. Conduct interviews and evaluate inclusion criteria for goodness of fit for APA accredited training program.
- Lead the Professional Developmental seminar Doctoral Interns. Topics included state and national licensing exams, salary negotiations, and prepping interns for career transitions.

8/2015-7/2016

Doctoral Intern

Ohio University Counseling and Psychological Services (CPS)

Supervisors: Paul Castelino, Ph.D, Michelle Pride, Ph.D, Becky Conrad, Ph.D, and Angela Harris, Psy.D.

40-45 hours a week

- **Setting:** College Counseling Center provided services to an overall student body of 22,000 students

- Within a college counseling setting, providing individual short-term, long-term, and group therapy to student body
- Utilized evidence-based treatments such as CBT, ACT, short-term psychodynamic treatment and Solution Focused Brief Therapy.
- Conducted clinical intakes. This includes drop-in, triage, and comprehensive clinical intakes.
- On-call 24/7 for one week 4 times throughout the semester. Responded to students in crisis, e.g. SI plan and intent. Also consult with police department and emergency medical team.
- Conducted outreach presentations on the following topics: stress management, test anxiety, sexual consent training, motivational interviewing and general services.
- Active participant in clinical and professional development seminars.
- Participated in weekly group and individual supervision with doctoral interns and graduate assistants.
- Assisting training director on APA self-study study in order to get accreditation. Helping with edit and organizing document for final submission.
- Selected training apprenticeship in order to acquire knowledge about how to run an APA accredited training program.
- Assuming responsibilities of assistant training director upon her departure. Running seminars for clinical psychology, social work, and counselor education students.
- Supervised 4th and 5th year doctoral students in clinical psychology. Help practicum students manage their caseloads and provide weekly supervision.
- Using pre-screening tools and measurements to assess client's symptoms and current pathology, i.e CCAPS-62/34 and internal counseling center scales.

- Conducted interviews for 2016-2017 psychology doctoral interns, practicum and counselors' education students.

9/2014-6/2015

Whittier College Counseling Center (Minority Serving Institution)

Supervisors: Rebecca Eberle-Romberger, Psy.D and Joseph Lantz, Psy.D

24 hours a week

- **Setting:** College Counseling Center provided psychological services to an overall student body of 1,800
- Within a college counseling setting, provided short-term and long-term individual psychotherapy to a diverse student population.
- On-call 24/7 for a week 6 times throughout the academic year. Responded to students in crisis, e.g. SI plan and intent
- Utilized evidence-based treatments such as CBT, ACT, short-term psychodynamic treatment and Solution Focused Brief Therapy.
- Provided couples counseling.
- Conducted comprehensive clinical initial intakes.
- Conducted outreach programs to student body that include safe sex education, stress management, time management, education on the effects of substance use.
- Guest spoke at undergraduate psychology classes.
- Participated in weekly group and individual supervision with practicum students, pre-doctoral interns and post-doctoral fellow
- Used pre-screening tools and measurements to assess client's symptoms and current pathology, i.e CCAPS-62/34
- Served as liaison from counseling center to other departments on campus to assess students who are were at risk to the university.

7/2013-7/2014

Paradise Valley Hospital/ Bayview Hospital

Supervisors: Jon Nachinson, PhD ABPP and Walter Litwin, PhD
24 hours a week

- **Setting:** Psychiatric Hospital consisting of three treatment modalities: complete hospitalization, partial hospitalization, and outpatient services.
- Served as a practicum student as part of a multidisciplinary medical team. Focusing on patient stabilization, psychological testing, and group therapy.
- Provided brief, short and long term individual therapy
- Co-facilitated process groups, psycho-education groups, mediation groups, and milieu therapy groups.
- Conducted full battery psycho-diagnostic testing, including writing integrated reports
- Leader of patient survey development for internal review of psychological/psychiatric services provided in psychiatric hospital setting.
- Participated in weekly group and individual supervision with multidisciplinary medical team.

6/2012–6/2013

SHARP Memorial Hospital

Supervisor: R. Ed. Harpin, Ph.D.

16 hours a week

- **Setting:** Outpatient Hospital- Pain clinic focus
- Served as practicum student as part of a multidisciplinary medical team. Focused on muscle, nerve, vascular, and psychosocial pain.
- Utilized evidence-based treatments such as CBT, ACT, MI, and Solution Focused Brief Therapy.
- Trained in and providing Thermal, Cardiorespiratory, and Muscle tension biofeedback. Taught patients to reach a level of cardio-respiratory synchrony in order to release endorphins to naturally reduce pain levels.
- Co-facilitated Fibromyalgia group with physical therapists and other practicum students.

- Co-Facilitated Therapeutic Self-Care group with lead clinical supervisor and physical therapists. Taught patients about self-care and mindfulness techniques.
- Conducted self-hypnosis and visualization exercises with patients as an adjunct to biofeedback.
- Assisted with medication management and provided education on the long-term effects of prescription drugs.
- Implementing guided imagery to help patients relax and reduce pain levels.
- Conducted comprehensive initial intakes
- Administrated: BDI-II, Pain stages of change scale, and Self-compassion scale
- Participated in weekly group and individual supervision with multidisciplinary medical team.

8/2011-5/2012

Harmonium Inc.

Supervisor: Tracy Wutzke, Psy.D

10 hours a week

- **Setting:** Non-profit Outpatient Counseling Center providing individuals and families skills to develop strengths and minimize behavioral problems.
- Co-facilitated a diversion group for adolescents concentrated on anger management and anti-theft.
- Co-facilitated a parenting group, which focused on parenting skills and psycho-education.
- Co-facilitated court mandated adult Anger Management group that focused on triggers, thoughts, feelings and behaviors associated with anger.
- Conducted phone intakes to triage clients to appropriate psychological services.
- Participated in weekly group supervision with interdisciplinary mental health team.

- Participated in weekly onsite trainings focused on mindfulness, expressive art therapy, treatment planning, bereavement, adoption protocol, and different approaches to psychotherapy.

9/2009- 5/2011

Peer Education at San Diego State University (Minority Serving Institution)

San Diego State University

Director of Peer Education Program: Doug Thomson PhD

Hours per week: 6-12 hours a week

- **Setting:** College Counseling Center providing services to an overall student body of 36,000 students
- Program consisted of preparing a selected group of students for graduate school. Assisted students through the process of applying, interviewing, preparing curriculum vitae and basic counseling skills learned at the graduate level.
- Extensive training on a fifty-minute stress management presentation that showed how stress is interrelated in daily lives and ways to successfully cope with stress.
- Basic training in Motivational Interviewing to help bring students to stages of preparation and action.
- Conducted tours of Counseling Center on campus to several organizations and classes. Outreach program helped students become aware of the counseling services.

PREP-Program

- Conducted presentations on the dangers of H1N1 virus and ways to help prevent the spread of the virus.
- Trained to give a thirty-minute presentation on to students, especially those living in the dormitories and high-risk areas.
- Worked with resident advisors for planning safe and fun activities for residents. Programs included safe sex workshops, stress management workshops and healthy eating workshops.

Break Through and Bounce Back

- Co-facilitated classes with newly admitted students to the University. Class consisted around 15-20 students who were identified by the university to be at risk academically.
- Emphasized how to be successful in college both in academics and in one's personal life.
- Helped planned lessons and weekly activities for students.
- Used Motivational Interviewing techniques in one on one meetings with students to help them with school work and

Instructor & Academia

10/2023-10/2025

Clinical Teaching Fellow and Clinical Tutor- Queen's University Belfast

- Responsible for coordinating and assessing clinical placements for doctoral trainees in accordance with Health and Care Professions Council and British Psychological Society. Assess trainee's developmental competency and growth while on training program.
- Formerly 1st year co-module coordinator for academic teaching related to clinical assessments and formulations. Coordinate 1st year course teaching focused on various theoretical orientations such as CBT and Psychodynamic Psychotherapy, common clinical presentations in adulthood, research, and content related to professional/clinical training.
- Responsible for marking and assessing doctoral students' in-depth clinical case reports and clinical role play scenarios. Reports are an in-depth assessments and formulations of on-going cases trainees are working with in the NHS.
- Responsible for marking clinical role plays for master's and PGCert students. These are recorded mock sessions focused on developmental competences and the application to relevant theory and practice.
- Responsible for marking critical appraisals and research papers for undergraduate students. This entails evaluating students writing, reflection, and analysis in relation to understanding evidence based treatment and the importance of academic research articles in mental health.

- In charge of running two different supervision trainings at Queen's University for newly qualified supervisors and qualified site supervisors. One workshop consists of hosting 2-day trainings and the other is an open workshop aimed at continued development and growth in relation to supervision skills for current site supervisors. There is a reflective practice competent where supervisors discuss their supervisees.
- Lecture on doctoral program on the following topics:
 - PSY 9053-9055: Psychodynamic Theory and Personality Organization (all three years)
 - PSY 9053-9055: EDI/White Identity Development Model
 - PSY 9053-9055: Object Relations Theory and Clinical Practice (all three years)
 - PSY 9055: Clinical Supervision X 2 (3rd year students)
 - PSY 9055: An introduction to the Minnesota Multiphasic Personality Inventory-3
 - PSY 9054: Assessment and Formulation Clinics X 2 (2nd year students)
- Lecture on master's program on the following topics:
 - PSY 7120: Introduction to Therapeutic Skills: Psychoanalytic Psychotherapy (PGCert and Health Psychology Students)
- Lecture on undergraduate program on the following topics:
 - PSY 3130: Anxiety and Depression X 6 (several weeks of lectures for level 3 undergraduate students)
- Lecture on PGCert in Foundations of Clinical Psychology on the following topics:
 - PSY 7121: Supervised Study Project in Therapeutic Skills X 6 (10 students looking to apply to Psychology programs in the UK/Ireland)

8/2021-1/2022

Instructor- Good Samaritan Hospital (4 weeks)

- Taught 3rd and 4th psychiatric residents as well as primary care doctors advance case conceptualization, Psychodynamic/Psychoanalytic interventions psychopathology, personality organization, and defenses mechanisms.

2/2020-2/2020

Instructor- Good Samaritan Hospital (2 weeks)

- Taught 2nd to 4th year psychiatric residents DSM-5 criteria on Personality disorders, case examples, consultation and core etiological features impacting interpersonal relationships, level of functioning, and core themes and patterns.

1/2019-3/2019 Instructor-College of Veterinary Medicine (Winter term- 11 weeks)

- Class titled: *Veterinary Leadership: Examining Inclusion, Self-Reflection, and Personal Development*. This course is focused on diversity and inclusion, self-compassion, and effective interpersonal communication in relationship to fostering leadership in veterinary medicine. This class is offered to 2nd and 3rd year veterinary medicine professional students.

1/2019-2/2019 Instructor- Good Samaritan Hospital (6 weeks)

- Taught 1st to 4th year psychiatric residents and primary care doctors DSM-5 criteria for Anxiety Disorder, Dissociative Disorders and Obsessive-Compulsive Disorders. Class also focused on the foundations of the Biopsychosocial model, case conceptualization, and treatment planning.

7/2017-8/2017 Instructor- Good Samaritan Hospital (8 weeks)

- Taught 1st to 4th year psychiatric residents DSM-5 criteria on Depressive Disorders and Bipolar Related Disorders. Class also focused on the foundations of Psychodynamic theory, psychotherapy, and clinical practice.

Journal, Podcasts, and Online Publications

- **Rowell, A., (2020).** Holding an Empathic Place During Sadness. Why Do Pets Matter? with Debra Hamilton, Esq. Podcast #128, Retrieved April 2020, <https://whydopetsmatter.podbean.com/e/wdpm-ep-126-alex-rowell/>
- **Rowell, A., (2020).** Psychodynamic Treatment: How To Connect With Others. Oregon Psychoanalytic Association, Retrieved March 6, 2020, <https://www.oregonpsychoanalytic.org/assets/March%202020%203.pdf>

- Singley, D. B., Cole, B. P., Hammer, J. H., Molloy, S., **Rowell, A.**, & Isacco, A. (2018). Development and psychometric evaluation of the Paternal Involvement With Infants Scale. *Psychology of Men & Masculinity*, 19(2), 167-183. <https://doi.org/10.1037/men0000094>
- **Rowell, A.**, & Cole, B. (2015, August 6). Mom's Attitude Can Affect Dad's Parenting. Retrieved August 6, 2015, from <http://apaconvention.com/2015/08/06/moms-attitude-can-affect-dads-parenting/>
- **Rowell, A.** (2014). Understanding a Man's Inner World. *San Diego Psychologist*, 29(5), pp. 10-12.

Research Experience and Interests

7/2012- 5/2016

Doctoral Dissertation

Dissertation Chair: David Diamond, PhD

Award Winner of the Loren Frankl Student Research Award

Topic: A Qualitative Investigation of Men, Masculinity, and Mental Health

- Dissertation focused on developing an understanding how men define masculinity, gender roles, and mental health. In addition, the study aimed to explore what influences men to seek, or prohibits them from seeking, mental health services.
- The study aimed to understanding masculinity (beliefs and attitudes) and gender roles (behaviors, activities, characteristics) and gain insight into understanding how mental health services may aid them in understanding their gender expectations and how they experience mental health.
- Completed extensive literature review on topic, conducted qualitative interviews, transcribed data, and analyzed data from a phenomenological perspective.

7/2012-8/2017

Research Assistant

Supervisor: Danny Singley, PhD ABPP

- **Topic:** Studying new or expecting fathers and their belief of how they will parent. Uses Bandura's self-efficacy theory in relationship to men's belief of how they will be as a father.
- The model synthesizes previous theoretical and empirical research regarding how distal supports and barriers, gender role strain, self- and other-efficacy, and paternal involvement with a newborn and his partner may be seen to interrelate and predict important outcomes including the father's life satisfaction, relationship satisfaction, and ultimately child development.
- Completed extensive literature review on topic.

6/2008-5/2009 Research Assistant

Supervisor: Judy Reilly, PhD and Darin Woolpert, PhD candidate

Location: San Diego State University

- **Topic:** English Language learners represent about 10% of students in U.S. schools but have well-documented problems with academics in general and with literacy in particular.
- Conducted field-testing at Lemon Grove elementary school in San Diego's Unified School District.
- Administered Woodcock-Johnson III Achievement subtests in the beginning of fall semester and then again near the end spring semester.
- Phonetically coded data gathered from Woodcock-Johnson III subtests.

Clinically Related Experience

11/2012-4/2013

OneHealth

Community Engagement Specialist provided psychoeducation on ways to help people manage and or decrease pain levels. Posted information online and held weekly group chats for members of the chronic pain community.

Scales, Surveys, and Program Evaluation

9/2016

Primary Investigator Conducting a Needs Assessment at CCVM

Team: Alex Rowell, Psy.D

- **Topic:** The purpose of this online self-report assessment accomplished the following goals: examined CCVM's current culture of well-being. Assessed students' current levels of anxiety, depression, and stress as it relates to both their academic and personal life. Examined the best and most efficient types of services students can utilize given their course load and current academic demands. Surveyed both days and times that best fit with students' schedules.
- Both quantitatively and qualitatively analyzed responses from students, staff, and faculty members At CCVM in regards to what wellness services are needed to improve overall student's mental health.
- Wrote an in-depth report which entailed the results that were yielded from the online survey (Available upon request).
- Present results and survey to the CAPS Director, CAPS Clinical Director, Dean of Veterinary Medicine, and the Dean of Students.

4/2016-6/2016 Co-Lead on Survey Analysis and Program Evaluation

Team: Kathryn Conway, PhD, Alex Rowell, M.A., Brad Meyers, M.A., and Lauren Ranney, M.S.

- **Topic:** Assessed faculty's perception of CPS and the services that are provided to the students on the main campus.
- Both quantitatively and qualitatively analyzed responses from faculty members on the Athens campus in regards to the overall services provided as well as areas of improvement for the counseling center
- Wrote an in depth report and short-handed report, which entailed the results that were yielded from the online survey.
- Presented the results to the CPS senior staff and incorporated their feedback prior to sending it out to over the 2,000 faculty on the main campus.

7/2012-5/2018 Research Assistant on Scale Development

Supervisors: Danny Singley, PhD ABPP, Anthony Isacco, PhD, Brian Cole, PhD and Sonia Molloy, M.A.

- **Topic:** In the process of developing a quantitative self-report measure looking a new father's involvement with their baby, the PIWIS (Parental Involvement With Infant Scale)

- The PIWIS is a comprehensive assessment of paternal involvement with newborns aged 0-6 months. This scale was developed using Pleck's (2010) conceptualization of father involvement, and includes the following subscales based on his model: Positive engagement, warmth and responsiveness, control, indirect care, and process responsibility.
- Created theoretical model by using Bandura's self-efficacy model and studying what components contribute to the transition to new fatherhood.
- Using a quantitative approach that was collected from two different data point and analyzing it.

8/2013- 8/2014 Research Assistant on Survey Development
Supervisor: Walter Litwin. PhD

- **Topic:** To improve and study the effectiveness of interventions provided by the Psychology Department within the Bayview/Paradise Valley Hospital.
- This study is intended to provide outcome data to determine the effectiveness of psychology services across the following two dimensions: 1) measure of outcome related to specific interventions provided by the Psychology Department staff (i.e. process and/or milieu therapy) and 2) measures of global outcome specific to psychiatric inpatient treatment (i.e. Length of stay and participation in intensive after care programs).

Assessment Competence

7/2013-8/2019 Alliant International University, SHARP Memorial Hospital, Paradise Valley Hospital/ Bayview Hospital, and Whittier College.

Wechsler Adult Intelligence Scale 4th Edition (WAIS-IV)
 Kaufman Brief Intelligence Test – 2nd Edition (KBIT-2)
 Minnesota Multiphasic Personality Inventory-II (MMPI-II)
 Millon Clinical Multiaxial Inventory (MCMI-III)
 Product Symptom Checklist 90 Revised (SCL-90-R)
 Mini Mental State Examination
 Beck's Depression Inventory (BDI)
 Beck's Anxiety Inventory II (BAI-II)
 California Verbal Learning Test II- Short Form (CVLT-2)
 Trail Making Test Form Parts A and B
 Pain Stages of Change
 Self-Compassion Scale

Fibromyalgia Impact Test
Repeatable Battery for the Assessment of Neuropsychological Status (RBANS)
Trauma Symptom Inventory-2 (TSI-2)
The Thematic Apperception Test (TAT)
Administrated sub-tests of Woodcock Johnson-III Achievement test (WJ-III)
Counseling Center Assessment of Psychological Symptoms-62 (CCAPS-62)

Conference Presentations and Speaking Engagements

Rowell, A., (2022, April) Western Iverson Bell Summit: Diversity and Inclusion in Veterinary Medicine. Primary presenter at Oregon State University Carlson College of Veterinary Medicine, Corvallis, Oregon.

Rowell, A., (2021, January). Communication and Healthy Conflict Resolution Oregon Leadership Experience and Dedicated Service Conference. Corvallis, Oregon.

Rabinowitz, F., Singley, D., **Rowell, A.,** Ellenberg, D., Davies, J., & Beckstein, A., (2019, August). Men's Groups 2019- Current Practices, Trends, and Benefits. Panel Presentation at the American Psychological Association (APA) Annual Conference. Chicago, IL

Rowell, A., (2018, April). College of Veterinary Medicine Wellness Club at Oregon State University. A Wellness Approach to Combating Compassion Fatigue, Corvallis, Oregon.

Rowell, A., & Fonken, L., (2018, April). A View from the Inside Out: Building Robust Counseling and Wellbeing Services for Veterinary Medical Students. Association of American Veterinary Medical Colleges (AAVMC) Well-being Summit., Chicago, IL.

Rowell, A., & Collins, T., (2017, February). Looking Back in Order to Move Forward:

Oregon's Struggle with Structural Racism Both Within the State and Veterinary Medicine. Regional Iverson Bell Summit, Pomona, CA.

Rowell, A., Galindo, D., Brashear, M., Struzik, H., & Traisman, E., (2017, April)
Health and Wellness in Veterinary Medicine. Panel Presentation at the Portland
Veterinary Medicine Association (PVMA), Portland, Oregon.

Rowell, A., (2017, April). An Existential Approach of Understanding Masculinity:
Where Have We Been and Where Are We Going? Conference Presentation at
Healthy Masculinity Conference, Oregon State University, Corvallis, OR.

Cole, B., **Rowell, A.,** Molloy, S., Singley, D., & Isacco, A., (2015,
August) A Quantitative view of New Fatherhood: Implications for
Policy and Practice. Panel Presentation at the American Psychological
Association (APA) Annual conference, Toronto, Canada.

Sweet, H., Rabinowitz, F., Kilmartin, C., Schowengerdt, I.,
Morse, T., Sin, E., **Rowell, A.,** & McDermott, R., (August, 2015)
Gender Empathy. A workshop presentation at the
American Psychological Association (APA) Annual conference,
Toronto, Canada.

Singley, D. & **Rowell, A.,** (2015, April). The Protective Nature of the
Perinatal Paternal Relationship. Panel Presentation for
presentation at the California Psychological Association (CPA)
Convention, San Diego, CA.

Singley, D., **Rowell, A.** & Molloy, S. (2014, April). Father on Board: A
Social Cognitive Model of Adjustment to Fatherhood. Panel

presentation at the California Psychological Association (CPA)
Convention, Monterey, CA

Frazao, V., Lazar, J., Singley, D., & **Rowell, A.** (2013, October).

Navigating the Winding Roads of Fatherhood. Panel presentation
at the San Diego Psychological Association (SDPA) Fall
Conference, San Diego, CA

Englar-Carlson, Oren, C., McKelley R., Isacco, A., Molloy, S., Singley,

D., and **Rowell, A.** (August, 2013). Accessing Fathers

Experiences: Multi- Modal Approaches. Panel Presentation at
American Psychological Association (APA) Annual conference,
Honolulu, HI.

Conference Posters

Rowell, A. (2017). Developing a Wellness Program in Veterinary Medicine: Well-being, Burn-out, and Compassion Fatigue. American Psychological Association (APA) Annual Conference, Washington, D.C.

Singley, D., Cole, B., Hammer, J., Molloy, S., **Rowell, A.**, & Isacco, A. (2016).

Development and psychometric evaluation of the Paternal Involvement with Infant Scale. National Conference in Clinical Child and Adolescent Psychology, Lawrence, KS.

Singley, D., Isacco, A., **Rowell, A.**, & Molloy, S. Cole, B. (2015). Validation of the Paternal Involvement With Infants Scale. Biennial Perinatal Mental Health Conference. Conference in Chicago, IL.

Singley, D., **Rowell, A.**, Isacco, A., & Molloy, S. (2014). Development and Validation of the Paternal Involvement With Infants Scale.

American Psychological Association (APA) Annual Conference,
Washington, D.C.

Singley, D., **Rowell, A.**, & Molloy, S. (2014). Validation of the Paternal Involvement with Infants Scale (PIWIS). California Psychological Association (CPA) Convention, Monterey, CA.

Additional Presentations/Outreach/Guest Lectures

Rowell, A. (2017). Coffee Hour with Men's Development and Engagement Center.

Discussion Given to OSU and Corvallis community. Oregon State University
Cultural Center Corvallis, OR

Rowell, A. (2016). Technology, Social Media and Ethics in Counseling.

Presentation given to first year trainee practicum students at Ohio University
Counseling and Psychological Services, Athens, OH.

Rowell, A. (2016). Stress management: Ways to Reduce Stress in College. Presentation
given to first year international students at Ohio University, Athens, OH.

Rowell, A. (2016). Encouraging Thyself: The power of Positive Thinking. Presentation
given to Delta Zeta Sorority at Ohio University, Athens, OH.

Rowell, A. (2015). Motivational Interviewing: How to Motivate Students on Academic Probation. Presentation given to staff in academic advising at Ohio University,
Athens, OH.

Pride, M. & **Rowell, A.** (2015). Sexual Consent Training: What Consent Means and how to Practice Safe Sex. Presentation given to freshmen division-one athletes at Ohio University, Athens, OH.

Rowell, A. (2015). Stress management: Stress in College. Presentation given to freshmen students at Ohio University, Athens, OH.

Rowell, A. (2015). Stress management: Stress in the Nursing Program. Presentation given to pre-nursing students at Ohio University, Athens, OH.

Rowell, A. (2015). Stress management: Ways to Reduce Stress in College. Presentation given to first year international students at Ohio University, Athens, OH.

Rowell, A. (2015). Psychology of Gender: Men and Masculinity. Presentation given to undergraduate psychology class at Biola University, La Miarda, Ca

Rowell, A. & Romberger, R. (March, 2015). Counseling center presentation given the student athletic committee (SAC) at Whittier College athletic facilities, Whittier, CA

Rowell, A. & Tamjidi, D. (February, 2015). The Effects of Stress. Presentation given to undergraduate psychology class as Whittier College, Whittier, CA

Rowell, A. (2014). Psychology of Gender: Men and Masculinity. Presentation given to undergraduate psychology class at Biola University, La Miarda, Ca

Rowell, A., & Eliason, K., (2014). Ethics in Substance Abuse, College Counseling, and Forensic Settings. Presentation given to

undergraduate psychology class at Whittier College, Whittier, CA

Rowell, A., Eliason, K., & Morrison, C., (2014). Informational Session for on Campus Counseling Services. Presentation given to

undergraduate psychology class at Whittier

College, Whittier, CA

Rowell, A. (March, 2014). The Foundations of Cognitive Behavioral Therapy. Presentation given at Alliant International University,

San Diego, CA.

Rowell, A. (February, 2014). Understanding the California Verbal

Learning Test II-(CVLT-2). Presentation given to Paradise Valley

Hospital/ Bayview Hospital Psychology Department, Chula Vista,

CA.

Rowell, A., and San Juan, B. (2012). Males and Masculinity. Presentation given at

Harmonium Inc, San Diego, CA.

Milad, M., San Juan, B., & **Rowell, A. (2012).** Acceptance and Commitment Therapy.

Presentation given at Harmonium Inc, San Diego, CA.

Rowell, A. (2011). Academic Success at the Colligate level. Presentation given to San

Diego State University Residential Hall, San Diego CA.

Rowell, A. and Van Stralen, S. (2010, May and April). Stress Management: How to

Prevent the Overload and Ways to Cope. Presentation given to Kappa

Alpha Theta Sorority at San Diego State University and San Diego State University Nursing students, San Diego, CA.

Rowell, A., Novi, K., & Souza, S. (2010). Stress Management: How to Prevent the Overload and Ways to Cope. Given to Honors Society at San Diego State University, San Diego, CA.

Rowell, A. and Lopez, M. (2009). To Stop the Spread of H1N1 (Swine Flu). Given to San Diego State University Dormitories, San Diego, CA.

Rowell, A. (2009). To Stop the Spread of H1N1 (Swine Flu). Given to San Diego State University Dormitories, San Diego, CA.

Rowell, A. (2009). Tour of the Center for Well-Being. Given to freshmen seminar class, San Diego, CA.

Professional Affiliations, Certifications, and Awards

8/2016 Loren Frankel Student Research Award

This award honors a graduate student, post-doc, or new psychologist who has recently completed and defended a dissertation pertaining to boys, adolescents, men or masculinities.

8/2015-Present Bobcats Who Care Core Trainer Certification

Trained in suicide prevention, outreach, and education. Able to work with students in the greater Athens/Ohio University community and inform them about the services at the counseling center.

10/2015-Present LGBTQI Safe Zones Ally Certification at Ohio University

Trained to be an ally and create a safe when working with LGBTQI clients. Able to utilize correct LGBTQI pronouns when working with clients from various orientations including but not limited to gender and sexual identity.

4/2015-Present

LGBTQI Safe Zones Ally Certification at Whittier College

Trained to be an ally and create a safe when working with LGBTQI clients. Able to utilize correct LGBTQI pronouns when working with clients from various orientations including but not limited to gender and sexual identity.

9/2012-Present

American Psychological Association

Current APA member of the American Psychological Association
Current APAP member of APA Division 51 (Society for the Psychological Study of Men and Masculinity)

10/2011-1/2016

San Diego Psychological Association

1. Active student affiliate member of Sports Psychology Committee
2. Active student affiliate member of Men's Committee

9/2010-5/2016

Psi Chi

1. Student affiliate member
 2. Officer- Treasurer and involved with event planning
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